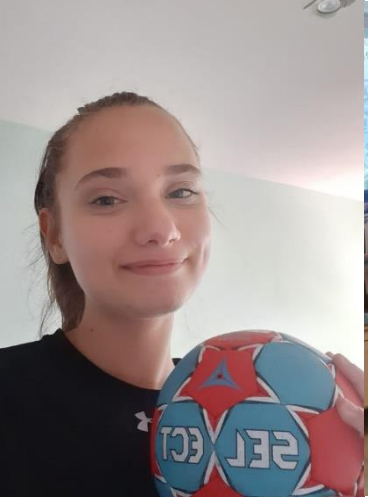
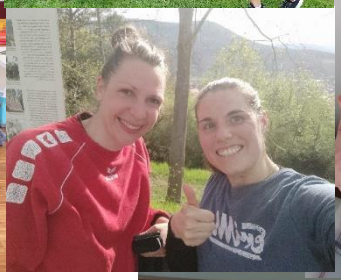
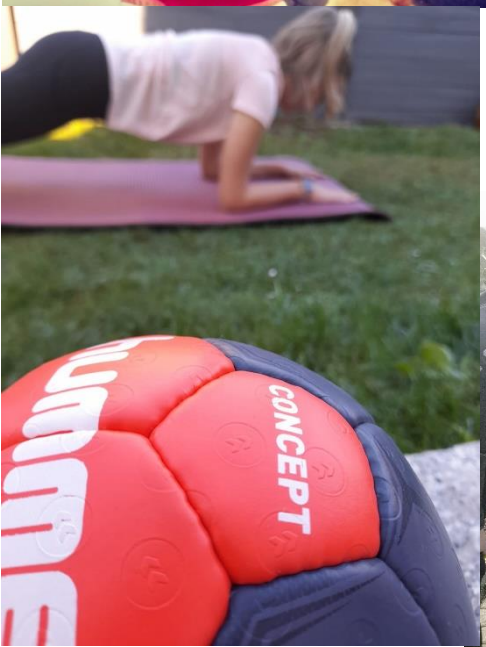
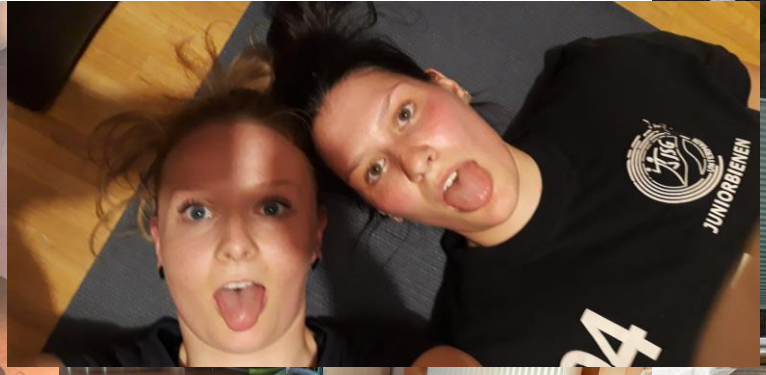


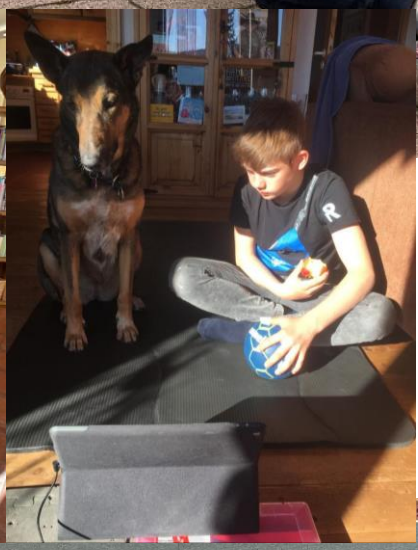


Kein Training – gibt's nicht! So haben unsere Handballerinnen und Handballer während Lockdown-Zeiten trainiert.



Joggen, Fitnesstraining Zuhause, Balltraining, einfach mal quatschen oder mal was ganz anders – alles war dabei 😊





Im Sommer durfte ein Glück
wieder gemeinsam trainiert werden!